ENQUIRIES

Ms S.MUTHU MAREESWARI

Assistant Professor
Department of Home Science
Thassim Beevi Abdul Kader College for Women,
Kilakarai - 623517, India

Ms N.PRABA

Research Scholar Department of Food and Nutirition Thassim Beevi Abdul Kader College for Women, Kilakarai - 623517, India

> Mobile No: 9994763681 / 8144804645 Landline: 04567-241934

Email: idakilakaraichapter@gmail.com Website: www.idakilakarai.com

IMPORTANT

- ullet visit the website www.idakilakarai.com/conference/preconference registration.
 - Any query related to conference / pre conference email us at: idakilakaraichapter@gmail.com



INTERNATIONAL CONFERENCE ON FOOD, NUTRITION AND HEALTH

ICFNH - 2016

FOOD AND HEALTH FOR EVERYBODY, EVERYWHERE June 6 - 8, 2016

Organized by

INDIAN DIETETIC ASSOCIATION, KILAKARAI CHAPTER

Supported by

Department of Home Science and Research Centre Thassim Beevi Abdul Kader College for Women

Kilakarai - 623517

[Autonomous & Re-accredited] ISO 9001: 2008 Certified Institution

VENUE:

FORTUNE PANDIYAN HOTEL

Madurai, Tamilnadu, INDIA

Email: idakilakaraichapter@gmail.com

Website: www.idakilakarai.com



CONFERENCE CHAIRS

Dr. S. SUMAYAA

President, IDA Kilkarai Chapter & HOD Department of Food and Nutrition - Research Centre TBAK College for Women, Kilakarai, INDIA

8

Dr. MEERA KAUR

Associate Professor, Family Medicine College of Medicine, Faculty of Health Sciences University of Manitoba, Winnipeg, CANADA

CONFERENCE CO-CHAIR

Dr VASANTHA ESTER RANI

Associate Professor & Head Department of Home Science with Food Biotechnology Fatima College, Madurai

ORGANISING COMMITTEE

Ms. R. Lakshmi Shree Ms. K. M. Buvaneswari Ms. K. Kamalajothy Ms. K. Priya Ms. A. Arularasi Ms. K. Kavitha Ms. G. Kaleeswari

Assistant Professors of TBAK College for Women, Kilakarai

Ms. S. Sarmila

Dietitian, Meenakshi Hospital, Tanjore

PROCEEDINGS EDITORS

Dr. MEERA KAUR, University of Manitoba, Canada Dr. S. SUMAYAA, TBAK College for Women, India Dr. R.JAGAN MOHAN, IICPT, Tanjore

INTERNATIONAL STEERING COMMITTEE

Ms. EVELYN BOYKO, WRHA, Winnipeg, Canada Dr. RAMASAMY KALAVATHY, Min. of Health, UAE Dr. SATYENDRA SINGH, University of Winnipeg, Canada

ADVISORY COMMITTEE

Dt. SHEELA KRISHNASWAMY

Registered Dietitian & National President, IDA INDIA

Dr. P. NAZNI

Syndicate Member & Associate Professor Department of Food Science & Nutrition Periyar University, Salem, India

Dr. S. UMA MAGESHWARI

Associate Professor, Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, India

Dr. A. THAHIRA BANU

Assistant Professor, Department of Home Science Gandhigram Rural Institute-Deemed University, Gandhigram, Dindigul District, India

PLEASE NOTE

Pre conference Workshop	6 th June, 2016		
Inauguration, Awards and Scientific Sessions	7 th , 8 th June, 2016		

IMPORTANT DATES

Last Date for Registration	25 th May, 2016
Pre Conference Workshop Registration	25 th May, 2016
Abstract Submission	5 th May, 2016
Full Paper Submission	10 th May, 2016

NAMMA (OUR) MADURAI

Madurai is the second largest city in Tamil Nadu and one of the http://goindia.about.com/od/tamilnadu/tp/tp-tamilnadu-attractions state's top destinations, is more than 3,500 years old and a major center for Tamil culture and learning. The city is often referred to as the "Athens of the East" because of its similar architectural style, including many alleyways. During the heyday of its history, when the Nayak dynasty ruled, many magnificent temples and buildings were constructed. These days, Madurai attracts pilgrims and tourists in equal numbers. The entire city of Madurai, is built around the Meenakshi Sundareswarar Temple – the temple par excellence. It is called as Thoonga Nagaram that means a City that never Sleeps. Madurai is surrounded by several mountains. The Madurai city has 3 hills as its city boundary. Yanaimalai, Nagamalai, Pasumalai named after Elephant, Snake and Cow respectively. It is famous for Jasmine Flowers. Jasmine flowers are transported to other cities of India from Madurai.

GREETINGS FROM THE KILAKARAI CHAPTER

With great pleasure, Kilakarai Chapter of Indian Dietetic Association invites you to the International Conference on Food, Nutrition and Health from 6th to 8th June, 2016 at Fortune Pandiyan Hotel, Madurai

FROM THE DESK OF ORGANIZING COMMITTEE

Indian Dietetic Association, Kilakarai Chapter was inaugurated on 4th December, 2003 by Dr. Sumayaa HOD, Department of Home Science, Thassim Beevi Abdul Kader College for Women, Kilakarai / and Founder President of Kilakarai IDA. Prof. Dr. Vasantha Ester Rani was elected as President during the year 2009 – 2014. Dr.S.Sumayaa, Professor & Head was reelected during 2014 as president of IDA, Kilakarai Chapter. There are totally 89 Life Members and 100 Student Members in Our Chapter. Every year we are celebrating Dietetics Day, Breast Feeding Week, Nutrition Week and Diabetes Day in their respective dates in collaboration with ICDS – Thirupullani Block, Govt. Hospital – Ramanathapuram and Kilakarai. To commemorate these special days we conduct various competitions for the students, faculty members and public. This year we are organizing an international conference with the theme:

FOOD AND HEALTH FOR EVERYBODY, EVERYWHERE

Food is Medicine that makes a positive impact on our health. The scenario of Globe is polished with quick — cooking foods, takeaways, packaged foods, genetically modified foods, etc. which bring many health disorders like obesity, hypertension, cancer and other chronic diseases that shrink the quality and life span of human being. Therefore, knowledge translation relating to food and health for everybody, everywhere is crucial for quality living.

THE CONFERENCE

The Conference focuses on various aspects of world's food chain from production to consumption and their impact on health and wellbeing. Specialists in Food, Nutrition, Dietetics, Health, Allied Health and other Stakeholders of health care such as industries, hospitals, NGOs will be sharing and translating knowledge around the theme of the conference.

HIGHLIGHTS

Preconference Workshop on 6th June, 2016

- Nutrition Screening and Assessment
- Subjective Global Assessment
- Refeeding Syndrome
- Pancreatitis
- Critical Care
- Journey of a cancer patient from diagnosis to recovery

Topics for the Research Paper Contests (Conference Session)

- Renal Nutrition
- Nutraceuticals
- Functional Foods
- Nutrigenomics
- Women and Cancers
- Diabetes mellitus
- Cardiovascular diseases

- Endocrinology
- Obesity Nutrition
- Pediatric Nutrition
- Geriatric Nutrition

Plenary Lectures Award Session

- 1. Clinical Dietetics / Nutrition
- 2. Experimental Nutrition
- 3. Community Nutrition
- 4. Food Science / Technology

CALL FOR PAPERS/POSTER AWARD

- Prior registration is mandatory for award.
- Submit your Abstract and Full Paper mail to: idakilakaraichapter@gmail.com
- Guidelines for abstract, Full paper and Poster Presentation log on to www.idakilakarai.com/conference
- Last date for submission
 - Abstract: 5th May, 2016
 - Full Paper on selection: 10th May, 2016

REGISTRATION DETAILS, CONFERENCE FEE (INR)

Membership Status	Till 30 th Apr 16	After 30 th Apr 16	Spot Registration
Life member of IDA (copy of life membership certificate or receipt mandatory)	1500	2000	3000
Student and Research scholars Letter from your Prof/HOD mandatory)	1000	1500	2500
Academia/Dietitians	2000	2500	3000
Foreign Delegates	200 \$	250 \$	300 \$
Foreign Students	175 \$	200 \$	250 \$
Industries / Companies Representatives	5000	6000	7000

PRE CONFERENCE WORKSHOP FEE

Membership status	Fee
IDA Member/Dietitian/Academia	1200
Student member (Enclose photocopy of college ID)	800

 $Each workshop will accommodate only 50\ participants.$

Last date for pre conference workshop Registration 25th May, 2016

Please Note

There is no waive off/reimbursement of Registration/Workshop fee

ACCOMMODATION FACILITIES IN MADURAI

TIOMPY NAME	TEL NAME CONTACT DETAILS	ROOM TARIFF		
HOTEL NAME		Deluxe Single	Deluxe Double	
Hotel Tamil Nadu	Alagar Kovil Main Rd, Madurai, Tamil Nadu 625002 0452 253 7461	2000 +12.5%Taxes	3000 +12.5%Taxes	
J C Residency	Chinna Chokkikulam, Madurai, Tamil Nadu 0452 420 0399	2000 +12.5%Taxes	3000 +12.5%Taxes	
Star Residency	43/44 Collector Office Road, Near Anna Bus Stand, Madurai-20 Mobile-9789153555	2000 +12.5%Taxes	3000 +12.5%Taxes	
Royal Court	4,West Veli Street Opp.Railway Station Madurai-625020 Ph-914522532222	2800 +12.5%Taxes	3100 +12.5%Taxes	
MMR Gardens	No. 6, Vinayaga Nagar 3rd Street, Opp. District Court, K.K. Nagar, Madurai, Tamil Nadu 625020 0452 406 6666	995.00 +12.5%Taxes	560.00 +12.5%Taxes	

SPEAKER'S BIOGRAPHY



Ms. Evelyn Boyko, BHEc, RDNutrition Support Dietitian
Winnipeg Regional Health Authority (WRHA)
Winnipeg, Canada

Ms. Boyko is a registered dietitian with over 35 years of experience in both hospital tertiary care and home care settings. Ms. Boyko's career has encompassed work in outpatient counselling, diabetes education, research, critical care, trauma, burns, surgery and specialized nutrition support (tube feeding and parenteral nutrition). She was the recipient of two awards for Excellence in Clinical Dietetics. She also studied Behavior Modification at Stanford University in Palo Alto, California, and then applied this knowledge back home to programs for weight management, heart health and smoking cessation. From this work, several research papers were published in reputed journals. The majority of her career has taken place as clinical dietitian for Critical Care and on the Parenteral Nutrition Support Service at the Health Sciences Centre the largest tertiary care teaching hospital in Winnipeg. Canada. She initiated the writing of daily TPN orders by dietitians, for patients in critical care units. Over the years, Ms. Boyko taught and mentored hundreds of dietetic interns, delivered numerous talks locally and lectured on Nutrition Support at the University of Manitoba. She has presented papers at ASPEN, USA and delivered invited speeches at the Dietitians of Canada's National Conference. She was an ASPEN Certified Nutrition Support Clinician for 20 years, and recipient of the Excellence in Teaching Award. Currently, she is employed as a Nutrition Support Dietitian (parenteral and enteral nutrition) with the Manitoba Home Nutrition Program, Winnipeg, Canada.



Dr. Meera Kaur, PhD, RD, CDE Associate Professor, Faculty of Medicine University of Manitoba Winnipeg, Canada

Dr. Kaur is Associate Professor of Family Medicine, Faculty of Medicine at the University of Manitoba, Canada. She also served as Adjunct Professor of Biochemistry, Faculty of Science at the University of Winnipeg, Canada, and as a Research Consultant at the Institute of Cardiovascular Sciences, St. Boniface General Hospital Research Centre, Winnipeg, Canada. Prior to her emigration to Canada, she served as Associate Professor in the department of Food and Nutrition at the Assam Agricultural University, Jorhat, India for 15 years. Dr. Kaur is a

frequently sought speaker and has presented several research papers at international conferences such as ASPEN and AFST, among others. She has won several awards including VARS Nominee Award from the American Society of Parenteral and Enteral Nutrition, USA, Merit Award from Department of Immigration and Multiculturalism, Govt. of Manitoba, Canada, Jawaharlal Nehru Award and Woman Scientist Award from Indian Council of Agricultural Research, and Dr. A.K. Bose memorial Award jointly from Indian Dietetic Association and Nutrition Society if India, India, among others for her outstanding services to patients and contribution to research. She is also a recipient of three patents for her seminal research in the area of Enteral Foods, one of which is licensed to a renowned multinational pharmaceutical company. Based on her research, she has written a book entitled Medical Foods from Natural Sources published by the Springer, USA (http://www.springer.com/food+science/book/978-0-387-79377-1). Her research interests lie in the areas of Medical Nutrition and Family Medicine and she has published research paper in prestigious journals such as Clinical Lipidology, Fundamental and Clinical Pharmacology, and Journal of Functional Foods, among others.



Dr. Satyendra SinghProfessor and President, Academy of Business and Emerging Markets, University of Winnipeg Winnipeg, Canada

Dr. Satyendra Singh is Professor of Marketing and International Business in the Faculty of Business and Economics at the University of Winnipeg, and Editor-in-chief of International Journal of Business and Emerging Markets, UK. Dr. Singh is also President of the Academy of Business and Emerging Markets (ABEM). Dr. Singh's interests lie in emerging markets with particular emphasis on Africa and Asia on issues relating to the impact of transitional governments' economic policies on business performance. Dr. Singh has been teaching, conducting training, and delivering talks in Cambodia, Canada, Ghana, India, Indonesia, Ivory Coast, Kenya, and UK, among others. Dr. Singh is a frequent keynote speaker in the areas of marketing and international business in the context of developing countries and emerging markets. Dr. Singh has published in reputed international journals such as Thunderbird International Business Review, Industrial Marketing Management, Journal of Services Marketing, Services Industries Journal, Marketing Management Journal, Journal of Global Marketing, Management Decisions, among others, and presented papers at international conferences such as Academy of International Business,

American Marketing Association, Academy of Marketing Science, British Academy of Management, European Marketing Academy, World Marketing Congress among others. He is the author of Market Orientation, Corporate Culture and Business Performance (Ashgate, UK), and Business Practices in Emerging and Re-emerging Markets (Palgrave, USA). He also edited the book entitled Handbook of Business Practices and Growth in Emerging Markets (World Scientific, Singapore). Dr. Singh is also conference chair, ABEM. For details, visit www.abem.ca/comference



Dr. S. SumayaaHOD, Department of Food and Nutrition
Research Centre
TBAK College for Women (autonomous) Kilakarai
Ramnad District in the Southern Region, Tamil Nadu

Dr. Sumayaa has 28 years of experience in Teaching, Research and Administration. A founder teacher of this prestigious college for women, she rose up to the level of Principal of this college of during 1994. Her focus is on Empowerment of Women through Higher Education. As a researcher, she is working on edible seaweeds for food in the Gulf of Mannar region, and development of palm juice products employing traditional technology. She is holding several positions in academic settings of State universities and institutions. She has completed four major research projects funded by UGC, New Delhi and organized seminars and workshops relating to nutrition and higher education at state, national and international levels. Dr. Sumayaa has received the Best Woman Social Worker Award from the Chief Minister of Tamil Nadu in 2012. She gas guided 20 PG students' research projects and has produced 12 M Phil Scholars and nine doctoral degree scholars are currently working under her guidance. Dr. Sumayaa has published 16 research papers in international journals and 19 in national journals.



Dr. Ramasamy KalavathyHead of Clinical Nutrition & Food Service Department
Ministry of Health, Ras-AL-Khaimah, UAE

Dr. Kalavathy has 26 years of experience as Nutritionist, Teacher and Dietitian. She was a University Rank Holder in B.Sc. and Proficiency Prize Holder in M.Sc. Dr. Kalavathy received the Best Employee Award from the Ministry of Health, Ras-AL-Khaimah and received another award for planning, supervising and implementing Nutrition Department in IBHO Hospital, Ras-AL-Khaimah, UAE. She is an Adjunct

Assistant Professor at the Ras-AL-Khaimah Medical University and also an Adjunct Faculty at the Sharjah University. She has conducted many Nutrition Awareness Programs in various reputed institutions and has published papers in many reputed journals. Dr. Kalavathy is professionally associated with UAE Dietetic Group, American Society of Nutrition, American Dietetic Association and was a member of Clinical Nutrition Management Practice Group & member of Renal Dietician Practice Group.



Dr.P.NazniSyndicate Member,
Associate Professor,
Department of Food Science & Nutrition,
Periyar University, Salem.

Dr. Nazni has 14 years of Research and Teaching Experience, has guided 52 MSc students, 42 M Phil and 5 PhD Scholars. She has published 63 research papers in reputed journals, two papers in Conference proceedings, nine books and booklets and has completed many research projects sponsored by various funding agencies. Dr. Nazni is the recipient of several awards such as Young Women Scientist Award-2011, Young Investigator Award-2011, Fellow Award -2010 and Young Scientist Fellowship Award-2007-08. She is a member of various professionals organization— IDA, IASS, NSI, FSC, RSSDI, AFSTI and Home Science Association of India. Dr. Nazni's research interests lie in the areas of Food Science & Nutrition.



Dr A Thahira Banu,Assistant Professor,
Department of Home Science,
Gandhigram Rural Institute, Gandhigram, Dindigul.

Dr. A. Thahira Banu has 17 years of Research and Teaching Experience. She served as a faculty in the Department of Home Science and taught both at undergraduates and postgraduates levels at the TBAK College for Women, Kilakarai. During her career she has organized, participated and presented papers at seminars, conferences and workshops in the field of Nutrition and Dietetics. She has completed two major and one minor research project funded by UGC, New Delhi, and published 20 papers in national and international journals. Dr. Banu has authored a book entitled Dietary Fibre Content of South Indian Foods published by the Lambert Academic Publishing, Heinrich, Germany, and has edited another book entitled Therapeutics of Marine Bioactive Compounds.



Dr. Ravinder Singh Scientist C. Division of Non-Communicable Diseases. Indian Council of Medical Research. New Delhi.

He is a medical graduate (M.B.B.S., M.C.H., M.C.A., Ph.D.) Scientist C. Division of Non-Communicable Diseases, Indian Council of Medical Research, New Delhi, He ia a Visiting Faculty in various universities all over india and also in Khon Kaen University, Thailand; World Without Anger, Kathmandu, Nepal; Consequently he is working on Medical Technology Assessment Board of Department of Health Research, Ministry of Health and Family Welfare, Government of India. He initiated the project on Surveillance of Non-Communicable Diseases in India. He associated with various International Health/Scientific bodies like Indian Psychiatric Society, International Epidemiological Association, Indian Association of Public Health, International Institute of Stress Management and Allied Sciences, Xiphosis/XPP, Thailand, IDC Foundation, Self-Actualisation Society, Margdarshan, World without Anger, Nepal. He has trained top and middle level managers in stress management from National Thermal Power Corporation (NTPC), Damodar Valley Corporation (DVC), Ambuja Cement, Airports Authority of India (AAI). Steel Authority of India Limited (SAIL). Indian Institute of Education (IIE), Pune (Maharashtra). He organized many national and international conference and workshops. Recently, I organised an International Conference on Stress: Health, Society and Technology at Jawaharlal Nehru University, New Delhi, which was attended by eminent scholars and researchers from India and abroad for students, scholar and faculties.



Meenakshi Bajaj M.Sc, CDE, RD, CCN (US) Dietitian. Madras Medical College (MMC) & Rajiv Gandhi Government General Hospital, Chennai.

Ms. Bajaj has more than 20 years of experience as a registered dietitian. During her academic career, she held rank at state level and awarded as the best outgoing student besides being a TNPSC (Tamilnadu Public Service Commission) topper. Currently, Ms. Bajaj is pursuing her doctoral research in food and nutrition. She is a certified critical care nutritionist and nutrigenomics consultant, and was deputed to the Tamil Nadu (TN) Govt. Multi Super Specialty Hospital, Chennai. Ms. Bajaj is the president (Elect) of IDA, Chennai chapter, member of ethical committee, dept. of Home Science, Madras University

and member of expert and inspection committee (MSc, Clinical Nutrition), MGR Medical University, Chennai. She served as coordinator, Academy of Clinical Nutrition at MMC and was a resource person for several national and international seminars and workshops. Ms. Bajaj also served as medical nutrition therapist for former His Excellency. Govt. of TN.



Dr. S. Uma Mageshwari, Associate Professor. Department of Food Service Management and Dietetics. Avinashilingam Institute for Home Science and Higher

Education for Women, Coimbatore, Dr. S. Uma Mageshwari has 25 years of teaching and research

experience in the Department of Food Service Management and Dietetics, Avinashilingam University. She has supervised 80 masters' and four PhD research projects, and is supervising three PhD scholars for their doctoral theses. Dr. Mageshwari has completed eight research projects and published 70 articles in international and national journals. She has presented several papers in conference, written book chapters and reviewed book, and has organized conferences, seminars and workshops. Dr. Mageshwari is a subject expert for doctoral committees, member for Board of Studies in Universities and PhD examiner in Osmania and Mysore University. Further, she is a food expert consultant for ISO auditing, member of several national organizations and president of IDA, Coimbatore chapter. Furthermore, Dr. Mageshwari is a resource person and invited speaker for Health and Disease for seminars, workshops, video lessons, All India Radio, Care takers of differently abled children and self-help groups, among others. Also, Dr. Mageshwari has conducted numerous diet-counseling sessions at community level



Dr.V.Kumaravel Director and Endocrinologist, Alpha Hospital & Research Centre Madurai.

Dr. Kumaravel has 18 years of teaching and practicing experience in the field of Diabetes and won several awards such as twice IMA (Indian Medical Association) State appreciation Award, honorary Professorship Award and National Honorary faculty Awards for his proficiency and contribution towards medical endocrinology. Presently, Dr. Kumaravel is working as Director at Alpha Hospital & Research Centre, Madurai. He has completed four Research projects under CHOP, ICSS programs and published several articles, written book chapters, presented papers, and reviewed and edited journals at national and international levels. His areas of practice and research include obesity, pediatric endocrinology, thyroid disorders and islet cell transplantation, among others.



Dr C Ramasubramanian, State Nodal Officer, Mental Health Program Tamil Nadu

Dr. C Ramasubramanian, has been appointed as the State Nodal Officer consistently for the past five years on Extension service to coordinate the Mental Health Program of Tamil Nadu (TN) because of his outstanding services towards mentally disabled persons. Under his abled guidance, the District Mental Health Program is implemented in sixteen districts of TN, which is the highest in number in India and recognized as the best program in the country. His Ramnad program was recognized as the best project by the Australian Government, and is taken up for the collaborative program between India and Australia. Besides serving as nodal officers of several mental health organizations, Dr. Ramasubramanian served as technical consultant in National Rural Health Mission of TN, principal investigator for a project to develop need-based model on community mental health in India under the Asia Pacific Community Mental Health Development (a collaborative program between India and Australia), and member of several mental health organizations such as Welfare Board for the Disabled, Government of TN, Academic Council of NIMHANS (Deemed University), Bangalore, and Executive Council, Indian Association for Social Psychiatry. Further, he is the Chairperson of Indian psychiatric society and received several Best Doctor awards at community, district and state levels. Also, Dr. Ramasubramanian received the Dr.K.S.Sanjivi Lifetime Achievement Award for his effort to provide healthcare services to the underprivileged



Prof. Dr. B K C Mohan Prasad, Senior Consultant Oncologist, Mohan's Medicity Hospital Madurai.

Prof. Dr. Prasad is Professor & HOD of Surgical Oncology, Sri Rama Chandra Medical University, Porur, Chennai, Emeritus Professor of Surgical Oncology, the Tamilnadu Dr. M.G.R. Medical University and Senior Consultant Oncologist at Mohan Medicity Hospital, Madurai. He has 35 years of teaching, practice and research experience and taught medical students at both the undergraduate and graduate levels. Dr. Prasad has been serving as a member of several graduate level selection committees in oncology such as M.Ch. Oncology and Dip. NB Oncology, among others. As a super specialist in oncology, he has performed over 30,000 surgeries and provides direct care to nearly 15,000 cancer patients every year. Additionally, his expertise as a surgeon to treat breast cancer is appreciated and widely recognized. Dr. Prasad has published his research findings in reputed national and international journal such as Indian Journal of Surgery, Oral Oncology, International Journal of Oncology and British Journal of Cancer, among others.



Dr.A.J. HemamaliniAssociate Professor and Head
Department of Clinical Nutrition
Sri Ramachandra University
Chennai

Dr.A.J. Hemamalini has 20 years of Teaching and Research Experience in the Department of clinical Nutrition, Sri Ramachandra University, Chennai. She has supervised 20 masters and one PhD research projects, and is supervising 40 PhD scholars for their doctoral theses. Dr.A.J. Hemamalini has published 20 articles in international and national journals. She has presented several papers in conference and has organized conferences, seminars and workshops. Dr. Hemamalini is a Member board of studies, member independent institutional ethical committee and Member doctoral committee for PhD, Examiner in various colleges and universities. She has held official positions in Indian Dietetic Association, Chennai Chapter and Indian Society of Parenteral and Enteral Nutrition, Chennai Chapter. Dr. A.J. Hemamalini has conducted numerous diet-counseling sessions at community level and Disseminates nutrition messages through media.